

NOT | BUT WHERE | WHO

Raw Honesty 12/5/2021

OVERVIEW

David was called a “man after God’s own heart” in Scripture. He was commended for his faith and humility, but just like you and me, David also found himself lost, fearful, and alone at times. We learn from his writings (heartfelt songs to God) that he was willing to be vulnerable with his emotions and admitted his feelings to God with raw honesty. However, no matter how he felt or how low he got, he would choose to look at his situations under the light of who God is. This week how can you do the same?

Scriptures: Psalms 13, 145

APPLICATION

- Share something that is currently causing you anxiety and why.
- As you heard Psalm 13 read aloud, how did you relate with David?
- David used writing as an outlet for his feelings. What outlet do you routinely use for your anxiety and fears?

NEXT STEPS

Over the next weeks leading up to Christmas, take time to dwell in God’s presence. Focus your attention on the **who** of Jesus: on His characteristics, His provision, His glory, etc.

- This week write out the alphabet and enter characteristics of God to correspond with each letter. Example:

A – Almighty, All-knowing, Abba

B – Beautiful, Bountiful

C – Counselor, Creator, Comforter