## Mountains - 2/14/2021

## **OVERVIEW**

In Hebrews Chapter 12, God invites us to: strengthen our feeble arms and weak knees; run the race Jesus has set out for us, and to run with endurance even when it is difficult; view hard times in this race as discipline, training, and continued growth; make every effort to live at peace with all people by removing all the roots of bitterness from our lives; and focus on the future God has for us instead of trading it for temporary moments of instant gratification. But why?

Scriptures (NIV): Exodus 19:16-19, 20:18-19; Hebrews 12:18-25

## **APPLICATION**

- Describe a time in your life when you chose to take the high road (giving a gracious response). What was the result of that response?
- Jeremy talked about the difference in imagery described in Hebrews Chapter 12 between Mount Sinai (law) and Mount Zion (grace). Which one describes the system you live under and why?
  - 1. Mount Sinai (religion) full of rules and laws. It results in fear that you will never measure up, that it's unattainable, that it's temporary and only points to someone greater that seems out of reach.
  - 2. Mount Zion (relationship) -- the picture of grace where God has already done for you what you can't do for yourself. Rather than obligation, it's response. Rather than temporary, it's eternal. It's the invitation of His grace to run this race with Jesus, empowered by the Holy Spirit.
- There have been many things God has asked us to wrestle through in Hebrews Chapter 12. Which one have you struggled with the most and why? How is He changing you in this area?

**NEXT STEP:** We have been given access to all that fully satisfies the human soul on that second mountain (Mt. Zion). However, the grace that we have been given requires a different response from those of us following Jesus. This week let your greatest struggle from this chapter be turned into a chorus of "Yes my Lord!" Start with confession, move to repentance, and experience JOY!!!