

GO DEEPER

MEMORY VERSE

Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. Ephesians 6:14-17 (NIV)

BOTTOM LINE

**The Helmet of
Salvation Protects
Our Minds**



TALK ABOUT IT

Read: Ephesians 6:17

- How does a helmet protect our head?
- How does confidence in our salvation protect our mind?
- Are you able to put on the helmet of salvation?



AMPED WORSHIP

[The Blessing](#)

[Ephesians 6:14-17](#)



THINK ABOUT IT

Read: 1 Thessalonians 5:8-10, Romans 8:38-39

- How did God provide salvation to His children?
- What can separate us from God's love?
- How does it make you feel to know that God will always love you?



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