

GO DEEPER

SCRIPTURE

Mark 4:35-41, 6:45-52
Jesus Calms the Storms

BOTTOM LINE

**PEACE IS KNOWING GOD WILL
TAKE CARE OF ME**



TALK ABOUT IT

Read: Mark 4:35-41 and Mark 6:45-52

- What is similar and what is different between these two events?
- What do you think the disciples were most afraid of?
- How did Jesus calm the fears of the disciples during the storm?
- What fears do you have?
- Why do you think Jesus doesn't want us to be afraid?



WAYS TO WORSHIP

In a world that is often not peaceful, we can be a shining light filled with God's peace. We can have freedom from being afraid or worried because God is in control and we can trust Him to take care of us. Get some watercolors, paper, and put on some peaceful music. As the music is playing, use the watercolors to create a peaceful image that reminds you that God cares for you!



THINK ABOUT IT

Get your Bible and see if you can discover the answers to these questions:

- What two things should we do instead of worrying? (*Philippians 4:6*)
- What will God's peace do for us? (*Philippians 4:7*)



POP GOES THE FEAR

Supplies: Balloons, Sharpie, Thumb Tack or Straight Pen

What are some things that cause you to feel worried or afraid? Use a sharpie marker and write your fears on several balloons. Think of the thumb tack as the truth that God will take care of us. What happens when our fears meet God's truth? It pops! It's gone! Only God has power to fully destroy our fears. As you pop each "fear" balloon, praise God for how He cares for you.